Reintegration of clients from Psychosocial Rehabilitation Centre to the family and community

On the 20th of November PRADET is holding a celebration to launch its reintegration strategy. This event will celebrate the individual mental health improvement and the work done by PRADET clients who are experiencing mental illness. We want to highlight the very important steps made by clients to contribute to their families and the communities in which they live.

PRADET wants to build the skills and capacity of those living with a mental illness to be able to participate and work within Timorese society. We are doing this by providing a range of activities at our PSR Centre that clients can then do in their own home and their communities.

Over the next year we want to develop our PSR Centre as a learning centre for clients and we plan to include cooking, gardening, weaving tais and embroidering tablecloths. We want clients to be able to develop their skills so they feel the satisfaction of being able to contribute to their family life and the life of the broader community. This will also give clients some much needed economic independence.

PRADET will also invite families present to help establish an association that can advocate for the needs of people who live with a mental illness and can also advocate for the needs of families who are offering support. We are hopeful that an association like this can give a stronger voice to those who are often voiceless because of their illness.