About PRADET

PRADET – Psychosocial Recovery and Development in East Timor

PRADET has operated its services since 2002 together with government, national and international partners, including community, to provide psychosocial assistance to people who experienced trauma, mental illness, domestic violence, sexual assault, child abuse, abandonment and human trafficking.

PRADET’s Mission is to strengthen organizational relationships with government through the relevant ministries and other services in order to provide support to vulnerable people who experience psychosocial problems through education, counseling, social support, rehabilitation, and medical and forensic services.

PRADET’s Vision is for a strong healthy community and to protect and support its most venerable people including those who are affected by trauma, mental illness and other psychosocial problems.

PRADET’s Objective is to improve the quality of life and health of people who experience psychosocial problems through psychosocial support, treatment, rehabilitation, and education according to national and international standards.

PRADET – Psychosocial Rekoperasaun no Dezenvolvementu iha Timor Leste

PRADET halo operasaun servisu hahú husi 2002 to’o ohin loron no kontinua servisu hamutuk ho governu, parseiru nasionál no internasionál inklui komunidade hodi fó asisténsia psikososiál ba ema ne’ebé esperiénsia trauma, moras mentál, violénsia doméstika, asaltu seksuál, abuzu ba labarik, abandon na viti-ma trafiku umanu sira.

Misaun PRADET maka, atu reforsa relasaun organizasaun ho governu liu husi ministériu relevante no servisu seluk hodi fornese suporta ba ema vulneravel ne’ebé hetan problema psikososiál liu husi edukasaun, akonselamentu, suporta psikososiál no rehabilitasaun servisu médiku forénsiku.

Vizaun PRADET maka, atu apoia komunidade ida ne’ebé forte no saudavel, protezidu no suporta ema vulneravel inklui sira ne’ebé afetadu husi trauma, moras mentál no p problema psikososiál seluk.

PRADET nia objetivu maka, atu hasae kualidade moris ema ne’ebé esperiénsia problema psikososiál liu husi suporta tratamentu, reabilitasaun psikososiál no edukasaun tuir padraun nasionál no internasionál.
Dear Friends, Colleagues and Stakeholders

PRADET is one of the few Civil Society Organisations that has operated in Timor Leste for more than 10 years. PRADET has provided psychosocial programs to people in the community in Timor Leste, especially those who are vulnerable and living with a disability.

The simple key to being successful and surviving for so long is because of our strategic focus, showing a good will and stretching our hand to our partners to collaborate in providing direct services to our clients who need our help. Apart from providing direct services, we are also facilitating community education and capacity building to the community and partner members with whom we are working, about our program, especially to promote, create and strengthen the referral pathway system. In this way we work together to ensure collaboration and participation to support our community.

We believe in our commitment to remain engaged with all our relevant stakeholders, to continue working as we do. The importance of the donors to “keep air in our tyres” must not be underestimated, as without our donors it would not be possible to implement our plans in the community.

The growth of our services reflects our goal of “working by identifying the needs in the community and trying to fulfil it with integrated collaboration and support from our partners” Even though we are an implementing partner and we are also a direct service provider, we recognise that all the works we do may not bring the expected maximum results and this is a constant challenge.

Despite this challenge, we keep focused and motivate ourselves by working together with our partners, learning from them and learning as well from our clients. So we increase our knowledge and improve our services.

Overall, on behalf of the PRADET Board, I would like to thank the Donors, the Government of Timor Leste, Civil Society Stakeholders and other wonderful friends who provided support to PRADET during the year of 2016. We could not achieve good outcomes in our services without their support.

Finally, I want to acknowledge the worthy work of PRADET staff, both administrative and professional staff, who have dedicated their time during the year.

Silverio Pinto Baptista       Signed
Chairman PRADET Board
Mensagen husi Board

PRADET nudar organisasaun ida husi organisasaun lubun ne’ebé halo ona operasaun iha Timor Leste liu tinan 10. PRADET hala’o ona programa psikososial ba komunidade iha Timor Leste, especialmente ba maluk vulnerabel no sira ne’ebé moris ho kondisaun disabilidade.

Xave simples atu hetan susesu no kontinue existe ba tempu ne’ebé naruk maka; trasu stratejia ida ne’ebé fokus, hatudu hakarak diak no lolo-liman hodi kolabora ho parseiru sira hodi fo atendementu direta ba kliente sira ne’ebé presisa ita nia tulun. Parte seluk husi atendementu direta, ami mos fasilita edukasaun no hasa’e kapasidade komunidade, membru parseiru ne’ebé servisu hamutuk hodi fo koñesementu kona-ba ami nia programa, especialmente atu promove, kria no haforsa sistema referral. Dalan servisu hamutuk ne’e para atu asegura kolaborasaun no partisipasaun hodi suporta ita nia komunidade.

Ami fiar iha ami nia komitmentu hodi nafatin habelun malu ho belun servisu hamutuk sira atu bele kontinua servisu sira hanesan ami hala’o hela dadaun ho diak. Importante tebes ba ami nia doadores sira atu sai hanesan “kompresor airu” hodi posibiliza implementasaun planu servisu sira hotu ho di’ak ba iha komunidade.

Progresu husi ami nia servisu refleta mos ami nia objetivu katak, servisu hodi identifika nesesidade/saida maka presiza iha komunidade no koko atu responde ho kolaborasaun no suporta ne’ebé integrado husi parseiru sira. Maske ami hanesan parseiru implementador no mos servidor direta, ami rekoñese katak servisu hotu ne’ebé ami hala’o seidauk fo resultado espetativa ida ne’ebé masimu no ida ne’e maka sai hanesan obstaklu ne’ebé konstanta.

Maske ho obstaklu sira ne’e, ami kontinua fokus no motiva nafatin ami nia an hodi servisu hamutuk ho parseiru sira, aprende husi sira no aprende mos husi kliente sira atu bele aumenta ami nia matenek no hadia ami nia servisu.

Atu konklui, hodi Board hotu sira nia naran, hau hakarak hato’o agradesementu boot ba Doadores sira, Governu Timor Leste, Parseiru Sosiedade Civil sira, kolegas no amigos sira ne’ebé fo ona suporta ba PRADET iha tinan 2016. Ami sei la alkansa resultado serviso ne’ebé diak bainhira sira la fo apoia. Hau mos hakarak rekoñese servisu staff administrasaun no staff programa ne’ebé dedika ona sira nia tempu durante tinan 2016 nia laran.

Silverio Pinto Baptista  Signed
Chairman PRADET Board
Message from the Director

In 2016, PRADET continued to provide direct psychosocial support to vulnerable individuals and groups that aims to empower, support and promote their well-being to live in a free and respectful context in their family and community. To maintain and support our commitment as a service provider we continue to advocate with all relevant government entities and international and local stakeholders and communities to collaborate and provide collective support to those who need our help. One positive result of our advocacy is that in 2016 the Ministry of Health has given permission for PRADET to build another Fatin Hakmatek (quiet place) facility on a vacant block of land in the area of the old Baucau Hospital-Tirilolo village.

This year, was another productive and busy year with all our programs still functioning and program staff, supporting clients with psychological problems, helping them to restore their well-being based on the client’s capacities, trained staff skills and organisational resources, with support from other direct service providers. Providing psychosocial support to clients is part of the psychological treatment for the recuperation of mind and body. This enables them to become stronger and to survive.

Apart from providing direct support to our clients, we have also undertaken a number of preventive activities to enhance the capacity of our partners, families and the community about psychosocial problems explaining that the most important thing is to create, maintain and strengthen the referral pathway system so that the community know how to identify and where to refer people who need psychosocial assistance. One of the prevention programs targeted to the household families in all villages in Manufahi municipality. In order to reduce violence, the program is aimed to promote gender equality, reduce dominant patriarchal systems and change attitudes and behaviours in local communities by providing information and non-violent strategies to resolve and reduce conflict in the family and in the community.

In 2016, PRADET and two other partners (ALFeLa and Vulnerable Person Unit-VPU National) co-facilitated training to Polisia Nasional Timor Leste (PNTL) on the nature and impact of gender based violence (GBV), the procedures of criminal and civil cases and the role of the PNTL in the formal justice system. This 5 day training was conducted in five municipalities; Dili, Ermera, Baucau, Viqueque and Suai. This is a good example of the importance of learning from each other, to strengthen our working relationship to provide total care to clients and better serve our people in the future.
It is often difficult to measure the outcomes of psychosocial interventions both in the short term and even long term, and this is a constant challenge. However we have evidence that shows our interventions have enabled some of our clients to bounce back to normality after the impact of traumatic events giving them strategies and resources to deal with such events in the future.

PRADET appreciates and thanks all the individuals, the Timor Leste Government, Partner organizations and Community groups who have contributed, to make our work valuable, supportive and beneficial to our clients in 2016.

Without donors this work would not be possible so I would like to thank all Donors; individuals, Government, institutions and/or agencies and especially to Australian Government through the Department of Foreign Affairs and Trade—DFAT that has funded most of our programs in 2016.

I also acknowledge and thank all of PRADET’s staff, volunteers and the PRADET Board for their continued commitment and dedication to ensure a high professional standard in the provision of our services to all our clients, their families and the community.

Manuel dos Santos
Director of PRADET
Iha tinan 2016, PRADET kontinua fo suporta psikososial ba ema vulnerabel individual no grupu sira ho in-
tensaun atu promove sira nia bein-star atu moris iha kontekstu ida ne’ebé hetan respeitu iha familia no
komunidade. Atu mantein no suporta ami nia komitmentu hanesan servidor servisu maka, ami kontinua
halo advokasia ho entidades relevansia sira iha Governu, parseiru internasional no lokal no mos komuni-
dade hodi kolabora atu bele fo suporta ne’ebé koletivu ba maluk sira ne’ebé presiza tulun. Resultado pos-
itivu ida husi ami nia advokasia maka iha tinan 2016, Ministeriu da Saude fo ona licença ba PRADET hodi
hari tan fasilidade Fatin Hakmatek ida iha area Hospital Tuan Baucau-suku Tirilolo
Tinan ne’e hanesan mos tinan produtivu no okupadu ho programa sira hotu ne’ebé sei funsiona, staff sira
iha programa suporta kliente sira ne’ebé ho problema psikososial atu ajuda sira restaura sira nia bein-star
baseia ba sira nia kapasidade, staff treinador ne’ebé iha skill no rekursu organisasaun ho apoia husi par-
seiru relevansia seluk. Suporta psikososial ba kliente sira hanesan parte husi tratamentu psikolojiku atu
rekopera sira nia hanoin no sira nia fisiku. No ne’e sei posibilisa sira atu sai forte no mos kontinua dezen-
volve moris.
Aleinde suporta direta ba kliente sira, PRADET hala’o mos atividades preventiva lubuk hodi hasa’e koñese-
mentu parseirus, familia no komunidade kona-ba problema psikososial liu-liu haklean informasaun im-
portante kona-ba oinsa kria, matein no reforsa sistema referral, atu komunidade hatene oinsa atu identi-
fika no oinsa atu refere ema ho psikososial atu bele hetan asistensia. Programa prevensaun ida maka tar-
jetu ba iha familia uma kain iha nivel suku iha municipiu Manufahi. Programa prevensaun ne’e ho ob-
jetivu atu promove equaldade jeneru, redus dominasaun sistema partiarkal no mudansa ba hanoin ho ha-
halok iha komunidade lokal no informasaun ne’ebé hato’o maka, stratejia non-violentu hodi redus no re-
solve konflitu iha familia no komunidade.
Iha 2016, PRADET ho parseiru rua seluk hanesan ALFeLa no PNTL-Unidade VPU Nasional, fasilita hamutuk
treinamentu ba membru PNTL kona-ba natureza no impaktu husi VBJ-Violensia Bazeia ba Jeneru,
prosedura kriminal, kazu civil no papel PNTL iha sistema justisa formal. Treinamentu ne’e hala’o ba
loron 5 iha municipiu 5 hanesan; Dili, Ermera. Baucau, Viqueque no Suai. Ne’e hanesan ezemplu di’ak atu
aprende husi ida no seluk atu bele reforsa liutan ami nia relasaun servisu hamutuk hodi fo asistensia di’ak
ba kliente sira no servi ita nia ema ho di’ak liutan iha futuru.
Dalabarak susar atu sukat resultado intervensaun servisu psikososial ne’ebé hala’o iha tempu badak no tempu naruk no ne’e hanesan desafius ida husi servisu ne’e rasik. Maski nune’e iha mos resultado balu husi ami nia servisu ne’ebé posibiliza ona klientes lubuk hodi rekopera husi sira nia kondisaun, hafoin sira hasoru eventu traumatiku sira no iha ami nia intervensaun, hanorin mos sira stratejia oinsa atu hasoru fali eventu sira hanesan iha futuru.

PRADET apresia no hato’o obrigado ba individu sira hotu, Governu Timor Leste, parseiru organisasaun no grupu komunidade sira ne’ebé kontribui hodi valorizaami nia servisu, suportivu no hanesan mos benefisiu ba ami nia cliente sira iha 2016.

Servisu sira ne’e hotu hala’o ho komitmentu di’ak tebes husi doadores sira, tamba ne’e hau hakarak ha-to’o agradesementu boot ba doadores individu, Governu, instituisaun ou/agensia sira no espesialmente ba Governu Australia liu husi Departementu Asuntu Estranjeiru no Negosiu-DFAT ne’ebé finansia kuase programa hotu iha 2016.

Hau mos hakarak agradese no obrigado ba staff PRADET hotu, voluntariu no Board sira, ba sira nia kontin-uasaun komitmentu no dedikasaun hodi asegura profesionalismu ne’ebé as no standariza hodi mantein provisaun servisu ba cliente hotu, sira nia familia no komunidade.

**Manuel dos Santos**  
Diretór  PRADET
The Safe House Program ran its activities to provide direct services to people who experienced domestic violence, sexual assault, child abuse and abandonment. This service covers 12 municipalities including RAEOA-Oecusse. The types of activities provided to clients included; assessment, medical forensic examination, documentation of evidence, basic treatment, counseling, emergency accommodation, referral of the clients to the partners, reintegration of the clients and follow up. The Safe House Program is wholly supported by the Australian Government through the Nabilan Program.

There were other essential activities that PRADET implemented through the Safe House program such as training and re-empowerment and strengthening the economic activity or business of those clients that had access to services in the safe house. There were two training sessions conducted by the Safe House staff and a specialist doctor for health professionals as follows;

1. Refresher training to accredited medics and midwives to undertake medical forensic examinations. The training was conducted in Suai, Maliana, Same, Ainaro and Dili.

2. Training on non-accidental injury to 47 health professionals in Dili, Same and Maliana.

3. Activities to empower and economically strengthen the clients who accessed Safe Houses conducted in Suai, Oecusse and Maliana and the total beneficiaries were 85. Types of activities undertaken were making tais, growing vegetables, raising animals (pigs, goats and chickens) and run small shops.

4. In 2016, the Safe House staff, ALFeLa and National Vulnerable Police Unit (VPU) facilitated training on gender based violence, legal definitions on domestic violence, civic and criminal processes, increased knowledge on serious crime and immediate intervention, police action required when directed by the tribunal and also information on the role and responsibility of each organization. The training was facilitated to a total of 143 participants consisting of 46 female and 79 male from the municipalities of Dili, Ermera, Baucau, Vique-que and Covalima.
Programa Fatin Hakmatek

Programa Fatin Hakmatek hala’o atividade hodi fo atendementu direta ba maluk sira ne’ebé esperiensia violensia domestika, violensia sexual, abusu labarik no abandonado. Servisu ne’e kobre Municipio 13 inklui RAEOA-Oecusse. Tipu atividade ne’ebé halo hodi fo atendementu direta ba vitima sira maka; asesementu, ezaminasaun mediku forensiku inklui dokumentasaun evidensia, tratamentu basikas, akonselamentu, akomodasaun emerjensia, referral kientes ba parseirus, reintegrasaun kientes no follow-up. Programa Fatin Hakmatek hetan fundus husi Governu Australianu liuhusi Programa Nabilan.

Iha mos atividades esensial seluk ne’ebé PRADET liu husi programa Fatin Hakmatek hala’o maka hanesan treinamentu no mos hakbit no haforsa atividades ekonomia/fila-liman ba kiente sira ne’ebé mak asesu atendementu iha Fatin Hakmatek. Iha treinamentu oin rua ne’ebé staff Fatin Hakmatek hamutuk ho dou-tor spesialista hala’o ba profesionais saude sira maka hanesan;

1. Treinamentu refresaun ba medikus no parteira sira ne’ebé akreditado ona hodi halo servisu ezaminasaun mediku forensiku. Treinamentu ne’e hala’o iha Suai, Maliana, Same, Ainaro no Dili

2. Treinamentu kona-ba kanek ne’ebé laos kausa husi asidente (Non Accidental Injuries) ba profesionais saude hamutuk 47 iha Dili, Same no Maliana.

3. Atividades hakbit no haforsa ekonomia ba kliente sira ne’ebé asesu Fatin Hakmatek hala’o iha Suai, Oecusse no Maliana no kiente sira ne’ebé sai hanesan beneficiaria hamutuk 85. Tipu atividades ne’ebé sira hala’o maka hanesan; soru tais, kuda modo, hakiaq animal (fahi, bibi no manu) no halo kios.

4. Iha tinan 2016, Fatin Hakmatek hamutuk ho ALFeLa no VPU Nasional fasilita hamutuk treinamentu kona-ba violensia bazeia ba jeneru, definisaun legal ba violensia domestika, prosesu civil no criminal, hasa’e koñesementu kona-ba krime seriu no intervenansaun imediatu, asegura katak polisia hetan karta mandatu kapturasaun hosi tribunal hodi halo kapturasaun, inklui informasaun kona-ba papel ka responsabilidade kada parseiru servisu. Treinamentu ne’e fasilita ba membru PNTL- husi Unidade VPU, Unidade Investigasaun, Unidade Transito no Unidade Task Force hamutuk nain 143 kompostu hosi fetu 46 no mane 97 iha Municipiu Dili, Ermera, Baucau, Vique-que no Covalima.
Non-accidental injury training for Health Alliance International
Foto distribuisan material ba beneficiariu sirã

Funiunariu no Jestor PRADET vizita atividade beneficiariu sirã nian.
Construction of Safe House in Baucau

The PRADET services in Baucau that covers the Municipalities of Baucau, Vique-que and Lospalos started in 2015. The services operated in a rented house which belonged to the community. With the plan to extend the services to 3 municipalities mentioned, therefore in 2014 PRADET approached Ministry of Health through Authority of Hospital Regional Baucau for consent of the space in hospital area to build Safe House facility. There was positive response from Ministry of Health then in 2016 Safe House facility was constructed in Baucau hospital area located in village of Tirilolo. The Safe House construction was funded by Japan Embassy in Timor Leste.

Konstrusaun Uma Fatin Hakmatek Baucau

Mental Health Assistance Program

The Mental Health Assistance program continued its focus on psychosocial area to provide assistance to people with psychosocial disability and support in educating family, community and other mental health partners. The activities implemented, were with good cooperation from the Ministry of Health, particularly the Mental Health Department, through its case managers in 8 municipalities of; Dili, Baucau, Ainaro, Aileu, Liquica, Ermera, Bobonaro and Manufahi and the psychiatry unit in National Hospital Guido Valadares (HNGV), Clinic Bairo-Pite, São João de Deus Laclubar and Klibur Domin Foundation Tibar.

There were 4 essential activities that PAMM implemented in 2016

1. Continued with and developed therapy activities to people with psychosocial problem in the Psychosocial Rehabilitation Centre
2. Followed up home visits to clients and families in the municipalities
3. Referral and reintegration of clients to our partners, community and families
4. Raising awareness of the community on prevention and protection on mental disability

Psychosocial Rehabilitation Centre-PRADET (PRC)
To reinforce the recovery process, PRADET-PRC provided various occupational therapy activities to the clients who were referred from the Psychiatrist, mental health Case Managers and Bairo-Pite Clinic. The clients who accessed PRADET-PRC came through the recommendation of the Psychiatrist and Case Managers, as well as Bairo-Pite Clinic following medical treatment and alleviation of any specific symptoms.

Referral and Reintegration
PRADET together with the key partners such as; Psychiatrist unit in HNGV, Mental Health Case Mangers from municipalities, São João de Deus Laclubar and Klibur Domin foundation have practiced effective referral processes of clients to each other for further assistance and integrated treatment. In 2016 PAMM received 18 new clients and PAMM referred 22 clients to our partners for medical treatment. PRADET has also supported our partner São João de Deus Laclubar to reintegrate 13 clients back to their families after receiving intensive treatment. In this period PAMM-PRC provided therapy to 8 active clients.
Education activity

Education activities on mental health are conducted throughout the year. In 2016 PRADET, together with Psychiatrist and Case Managers, continued to enhance the knowledge of family, community and health professionals on mental health to be able to support, prevent, protect and provide treatment and solutions for people with psychosocial problems. Education activities are conducted in 4 municipalities such as; Aileu, Ermera, Baucau and Liquica with the total participants being 163.
Programa Asistensia Moras Mental (PAMM) kontinua halo atividade foku ba area psikososial hodi fó asistensia ba maluk defisiensia mental sira no suporta edukasaun ba familia, komunidade no parseiru sira iha area saude mental. Atividade sira ne’ebé hala’o, servisu hamutuk ho Ministério de Saude-Departemento Saude Mental, liu hosi kolaborasaun ho Enfermeiru/a Saude Mental sira iha Munisipiu 8 hanesan; Dili, Ainaro, Aileu, Liquica, Baucau, Ermera, Bobonaro no Manufahi inklui Hospital Nasional Guido Valadares-Unidade Psikiatria, Centru Internamentu Laclubar no mos Fundasaun Klibur Domin

Iha atividades esensial oin 4 maka PAMM kontinua hala’o iha tinan 2016 hanesan;

1. Kontinua no dezenvolve atividade terapia ba maluk defisiensia mental sira iha Centru Rehabilitasaun Psikososial
2. Visita/follow-up kliente ho familia sira iha base
3. Refere no re-integra kliente ba parseiru, familia no komunidade
4. Halo konsiensialisasaun ba komunidade kona-ba prevensaun no protesaun defisiensia mental

Centru Rehabilitasaun Psikosocial-PRADET

Atu reforrsa rekuperasaun, Centru Rehabilitasaun Psikososial, iha PRADET fornese atividade okupasaun terapia oin-oin ba kliente sira ne’ebé mak refere husi Doutor Psikiatria, Enfermeiru/a Saude Mental sira no Clinica Bairo-pite hodi rehabilita sintomas ne’ebé presiza. Kliente sira asesu ba Sentru Rehabilitasaun PRADET liu hosi rekomendasaun Doutor Psikiatria, Enfermeiru/a saude mental sira no Klinika Bairo-Pite hafoin hetan tiha ona tratamentu medikamentu no presiza atu halo rehabilitasaun ba sintomas spesifiku ruma.

Referal no Re-integrasaun

PRADET ho parseiru xave hanesan; Unidade Psikiatra-HNGV, Enfermeiru/a Suade Mental Municipiu sira, Klinika Bairo-Pite, São João de Deus Laclubar no Fundasaun Klibur Domin halo ona prosesu referral ba malu ho di’ak tebes hodi fo asistensia no tratamentu integrado ba kliente defisiensia mental sira. Iha tinan 2016 PAMM simu numeru referral kliente foun hamutuk 18 no PAMM refere kliente ba parseiru hodi halo tratamentu medikamentu hamutuk 22. PAMM mós supported hodi reintegra kliente nain 13 husi São João de Deus Laclubar ba familia iha munisipiu sira hafoin simu tiha tratamentu intensivu. Iha periodida ne’e mós PAMM-PRC halo rehabilitasaun ba kliente ativu hamutuk nain 8.
Atividade edukasaun

Atividades edukasaun hodi habelar informasaun kona-ba saude mental kuase hala’o kada tinan. Iha tinan 2016 PRADET hamutuk ho Doutor Psikiatria no Case Manager sira kontinua hala’o edukasaun hodi eleva koñesementu familia, komunidade no profesionais saude sira nian kona-ba asuntu mental hodi bele suporta no halo prevensaun, protesaun, tratamentu no fó solusaun ruma ba ema ho problema psikososial. Atividades edukasaun komunidade ne’e hala’o iha Municipiu 4 hanesan Aileu, Ermera, Baucau no Liquica. Ema ne’ebé benefisia ona ba formsaun ne’e hamutuk 163.
Juvenile Justice Assistance Program (PDAJJ)

PRADET through PDAJJ program undertaken activities in Becora prison started in 2003 and still continued to 2016. PRADET continued implemented psychosocial activities such as assessment, individual and collective counseling, exercise, yoga, provide training skill to the prisoners on how to use sawing machine, making dress, reflection and facilitated families from the district to visit their family member in Becora and Gleno prison. These activities had benefit 72 prisoners consists of young prisoners in Becora 41 people and women prisoners in Gleno 31 people.

PDAJJ team was also working with PNTL in 72 hour division in Caicoli to provide psychosocial support, assessment and counseling to detainees in 72 hours detention. The total detainees that had been supported with counseling and assessment were 124.

Personal Development Course (PDC)

The Personal Development Course (PDC) provides education to the community on violence prevention, based on gender focus in the family household. The project is funded by the Australian Government through the Nabilan Program, to deliver a two week course to the community in the targeted areas of domestic violence, good communication, managing emotions, gender equality, human rights and drugs and alcohol. In 2016 PDC implemented the course in Manufahi Municipality and targeted the villages of Dotik, Holarua, Betano, Letefoho, Clacuc and Babulu with the total of participants being 93 people who consisted of 41 females and 52 males.

In order to extend the information to the community, the team selected some participants who received good grades in the training to become local peers or facilitators, to continuously spread information to the community in their own village. In the Faturae sub-village and Sarin sub-village the peers were able to share the information to the community totaling 52 people consisting of 24 females and 28 males.
Peer sira kontinua fahe informasaun iha komunidade nia uma iha aldeia Haturae
Programa Demokrasia Asistensia Justisa Juvenil (PDAJJ)

PRADET liu husi PDAJJ hala’o atividades iha prizaun hahu tiha ona iha tinan 2003 no sei kontinua to’o tinan 2016. PDAJJ kontinua hala’o atividade psikososial hanesan asesementu, akonselamentu ba individu no grupu, ezersisiu, yoga, treina prizoneiru sira oinsa atu uza makina hodi suku ropa, halo reflesaun no fasilita familia sira hudi distritu hodi visita sira membru familia iha prizaun Becora no Gleno. Atividade hirak ne’e, benefisia ona prizoneiru/a hamutuk 72 kompostu hudi prizoneiru foinsae iha prizaun Becora 41 no prizoneira feto iha prizaun Gleno 31. PRADET-PDAJJ mos servisu hamutuk ho PNTL-Devisaun Sela Detensaun 72 horas iha Caicoli, kontinua suporta atividade psikososial no asesementu, fó akonselamentu ba maluk sira ne’ebé detein iha sela polisia 72 oras. Numeru detidu ne’ebé ekipa program halo asesementu no fó ona akonselamentu hamutuk 124.

Kursu Dezenvolvementu Pesoal (KDP)

Kursu Dezenvolvimento Pesoał hala’o atividade edukasaun ba komunidade kona-ba prevensaun vio lensia bazeia ba jeneru ne’ebé foka liu ba familia iha uma kain laran. Atividade ne’e hetan suporta fundus husi Governu Australianu liu husi Programa Nabilan, hodi fornese kursu semana rua ba komunidade iha area tarjetu kona-ba violensia domestika, komunikasaun di’ak, maneja emosaun, igualidade jeneru, diretus umanu no droga no alcohol. Iha tinan 2016 ekipa konsege realiza kursu iha Municipiu Manufahi, suku tarjetu hanesan; Dotik, Holarua, Betano, Letefoho Clacuc no Babulu ho total partisipante 93 kompostu hudi feto nain 41 no mane 52. Atu hatutan informasaun ba komunidade ho sustentavel, ekipa halo selesaun ba partisipantes ne’ebé hetan valor diak durante partisipa iha treinamentu hodi sai hanesan peer kafasilitador lokal hodi kontinua habelar informasaun ba komunidade iha sira nia aldeia rasik. Iha Aldeia Faturae no Sarin, peer sira konsege fahe fali informasaun ba komunidade hamutuk 52 kompostu hudi feto 24 no mane 28.
The Tau Matan Program continues to exist to provide assistance to the human trafficking victims and to increase the capacity of law enforcers and the community. The assistance provided to the human trafficking victim is assessment, counseling, accompanying for heath treatment and legal processes (justice), temporary accommodation and provision of basic needs. In 2016, PRADET provided assistance to 23 victims consisted of 21 foreigners and 2 Timorese. In respect of capacity building, the team has conducted workshops in Dili Municipality and Oecusse by targeting participants of law enforcer (PNTL), especially VPU, Community Policing and other related units. The capacity building aims to enhance the knowledge of participants to be able to identify the activities of human trafficking and how to prevent it and protect victims. The participants totaled 84 people who consisted of 26 females and 58 males.
During 2016 staff of PRADET received various capacity building or information that was delivered by National and International experts in the following topics:

- On 17–18/08/2016 6 staff of PRADET attended training on justice that was facilitated by TRIANGLE.
- On 13/09/2016 16 staff of PRADET participated in training on child protection policy, fraud and terrorism policy that was facilitated by AFAP - Australia.
- On 27/09/2016 8 case managers of PRADET participated in refresher training on inclusion and psychosocial disability that was facilitated by CBM Australia.
- On 03-04/11/2016 12 staff of PRADET and staff of Bairo-Pite Clinic participated in training on mental health focused on assistance and treatment that was delivered by 3 psychiatrists - Dr. Ian Sale, Dr. Mattheu Fasnacht from Tasmania-Australia and Dr. Gaspar from HNGV.
- On 22/11/2016 4 staff of PRADET, together with other partner members, participated in training on good client history writing that was facilitated by the Australian Government’s Nabilan Program.
Informasaun Adisional

Iha tinan 2016 staff PRADET simu kapasitasun ka formasaun lubuk ne’ebé oferese husi experta nacion-al no mos internasional sira no formasaun sira ne’e ho nia topiku espesifiku hanesan;

- Iha dia 17–18/08/2016 staff PRADET nain 6 partisipa iha treinamentu kona-ba justica, fasilita husi TRIANGLE
- Iha dia 13/09/2016, staff PRADET nain 16 partisipa iha treinamentu kona-ba politika protesaun labarik, fraudelensia no politika terrorismu. Treinamentu ne’e fasilita husi AFAP– Australia.
- Iha dia 27/09/2016, staff PRADET (servidor kazu) hamutuk nain 8 partisipa iha treinamentu re-fresaun kona-ba disabilitade psikososial no inklusaun fasilita husi CBM-Australia.
- Iha dia 03-04/11/2016, staff PRADET nain 12 hamutuk ho staff husi Klinica Bairo-Pite partisipa iha treinamentu kona-ba saude mental no oinsa bele fó asistensia no tratamentu. Treinamentu ne’e fasilita husi psikiatria nain 3, Dr. Ian Sale, Dr. Mattheu Fasnacht husi Tasmania-Australia no Dr. Gas-par husi HNGV.
- Loron 17-18 /11/ 16, staff FH Dili, Maliana, Suai no Baucau partisipa iha treinamentu kona-ba prevensau violensia domestika ne’ebé fasilita husi TAF no sesaun kona-ba maneira hamaluk vitima hodi reforsa sasin iha tribunal no sesaun ne’e fasilita husi parseiru JSMP no ALFeLa.
- Iha dia 22/11/2016, staff PRADET nain 4 hamutuk ho membru parseiru seluk partisipa iha treinamentu fasilita husi TAF-Nabilan kona-ba oinsa hakerek istoria kliente ho di’ak.
PRADET TIMOR LOROSAE

Statement of Income and Expenditure
(Expressed in United States Dollars)

FOR THE YEAR ENDED 31 DECEMBER 2016

<table>
<thead>
<tr>
<th></th>
<th>Notes</th>
<th>2016</th>
<th>2015</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>INCOME</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Program Revenue</td>
<td>2</td>
<td>714,799</td>
<td>762,611</td>
</tr>
<tr>
<td>Rent Received</td>
<td></td>
<td>6,870</td>
<td>3,140</td>
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<tr>
<td>Miscellaneous Income</td>
<td></td>
<td>6,788</td>
<td>9,230</td>
</tr>
<tr>
<td>Venue</td>
<td></td>
<td>-</td>
<td>375</td>
</tr>
<tr>
<td><strong>Total Income</strong></td>
<td></td>
<td>728,457</td>
<td>775,356</td>
</tr>
<tr>
<td><strong>EXPENSES</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Program Expenditure</td>
<td></td>
<td>(270,965)</td>
<td>(299,810)</td>
</tr>
<tr>
<td>Personnel Expenditure</td>
<td></td>
<td>(359,850)</td>
<td>(347,861)</td>
</tr>
<tr>
<td>Operational Expenditure</td>
<td></td>
<td>(100,415)</td>
<td>(113,300)</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td></td>
<td>(731,230)</td>
<td>(760,971)</td>
</tr>
<tr>
<td><strong>(LOSS)/SURPLUS</strong></td>
<td></td>
<td>(2,773)</td>
<td>14,385</td>
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</table>
## PRADET Board

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Organization</th>
<th>Role</th>
</tr>
</thead>
<tbody>
<tr>
<td>Silveriu Pinto Baptista</td>
<td>The Head of Human Right Institution</td>
<td>PDHJ</td>
<td>Board President</td>
</tr>
<tr>
<td>Carmen da Cruz</td>
<td>National Director MSS</td>
<td>MSS, DNACS</td>
<td>Board Member</td>
</tr>
<tr>
<td>Mira M. da Silva</td>
<td>Former Director of PRADET</td>
<td>PRADET TL</td>
<td>Board Member</td>
</tr>
<tr>
<td>Olga dos S. Marcal</td>
<td>Senior Staff of Ministry of Health</td>
<td>Vera Cruz</td>
<td>Board Member</td>
</tr>
<tr>
<td>Alzira Reis</td>
<td>CEO Alola</td>
<td>Alola Foundation</td>
<td>Board Member</td>
</tr>
<tr>
<td>Manuel dos Santos</td>
<td>Director of PRADET</td>
<td>PRADET TL</td>
<td>Board Member</td>
</tr>
</tbody>
</table>
PRADET Staff

**Director**
Manuel Dos Santos

**Advisor**
Bernie McEvoy
Susan Kendall AM
Dr. Margaret Gibbons

**Program Manager**
Herculano Granadeiro

**Admin Team**
Julio Jose
Nicolau v. Ximenes
Rofina da Costa
Espedita de Jesus
Florence Soares
Anarela Mendonça
Agustinho British

**Finance Team**
Luizinha O. de S. A. Bento
Felipe S. Menezes
Esperansa Magno Ximenes
Anito Gusmão

**Drivers and Gardener**
Filipe Osvaldo Pinto
Isac Antonio da Costa
Jeremias M. M. Filipe
Mario da Costa Freitas
Vicente Dos Reis Marçal

**Fatin Hakmatek – Dili**
Luisa Dos Reis Marçal
Hortensia Fatima Miranda
Silvia de Jesus Araujo
Natersia S. Gomes
Dilva G. da Costa Araujo

**Fatin Hakmatek – Oecusse**
Sancia Florencensia Paixão Bano
Jumira Talue
Gracinda EC
Adão Colo
Maximianus Teme
Domingas da Cunha

**Fatin Hakmatek – Suai**
Cristina Alves
Carina E. B. Amaral
Regina Fereirra Agustino
Elsa Cardoso
Agusto Ferreira
Lizia Purwati M. Gomes
Tome de Araujo

**Fatin Hakmatek – Maliana**
Domingas dos Santos
Recardina Coe
Estefania da Cunha Moniz
Gilda F. Salcinha
Jose Maudasi
Marcos Tilman
Sidalia dos Santos Tilman

**Fatin Hakmatek – Baucau**
Joana da Costa
Luizia de Jesus
Amalia Judman
Mario Belo

**PAMM**
Elda J. Cardoso
Richa Nella Estrela de Oliveira
Anita de Jesus Menezes
Diana Francisca X. de Carvalho
Silvina Dulce Dos Santos
Nogueira Soares
Maria Isabel de Deus

**PDAJJ**
Lubelia Gorreti dos R. Araujo
Luisa de Jesus Marcal
Julio do Rosario
Lourensa das Neves
Domingos Gonjaga
Julio da Cruz
Parseriu Governu

Hospital Nasional Guido Valadares
Hospital Referral Baucau, Suai, Maliana no RAEOA-Oecusse
Ministeriu Publiku
Ministeriu da Justica-Departementu Prisinal
Polisia Nasional Timor Leste -PNTL; Unidade VPU, Unidade Polisia Komunitaria, Unidade Investigasaun no Imigrasaun
Ministeriu Solidariedade Social
Sekretaria Estado ba Apoiu no Promosaun Sociu—Ekonomiku Feto-SEM
Donors

- Australian Aid
- nabilan
- The Asia Foundation
- AVI
- triangle
- AFAP
- AFP TLPDP
- World Health Organization
- IOM International Organization for Migration
### Civil Society partners and Friends

<table>
<thead>
<tr>
<th>JSMP</th>
<th>FPWO-Uma Mahon Oecusse</th>
</tr>
</thead>
<tbody>
<tr>
<td>ALFeLa</td>
<td>FTM</td>
</tr>
<tr>
<td>FOKUPERS</td>
<td>Fundasaun Alola</td>
</tr>
<tr>
<td>Casa Vida</td>
<td>Holy Spirit Salele</td>
</tr>
<tr>
<td>ADTL—Disability Association Timor Leste</td>
<td>Klibur Domin</td>
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<tr>
<td>Centru Rehabilitasaun Nasional</td>
<td>Kongregasaun SSPS</td>
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<tr>
<td>Forum Comunicasaun Joventude</td>
<td>Marie Stopes International</td>
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<tr>
<td>Ba Futuru</td>
<td>Uma Paz Baucau</td>
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<tr>
<td>Bairo-Pite Clinic</td>
<td>BELUN</td>
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<tr>
<td>Caritas Australia</td>
<td>Sao Joao de Deus Laclubar</td>
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<tr>
<td>Rede Feto</td>
<td>Uma Mahon Maria Tapo</td>
</tr>
<tr>
<td>FONGTIL</td>
<td>Empreza Diak</td>
</tr>
<tr>
<td>RHTO</td>
<td>Has Harrier</td>
</tr>
</tbody>
</table>
Address:
Hospital Nasional Guido Valadares
Telp: (+670) 332 1562
Email: pradet_timorlorosae@yahoo.com
Website: www.pradet.org